



# Hugh O'Brian Youth Leadership Record of Medical History

Dear Participant:

For our records, and for your protection, please complete this form in its entirety. Please provide ALL requested information and obtain the signature of your parent or legal guardian.

## PERSONAL INFORMATION

_____		_____		_____	
(Last Name)		(First Name)		(Middle Initial)	
Male	Female	_____		_____	
		Date of Birth		Place of Birth	
_____		_____		_____	
Area Code		Telephone Number		High School / Institution You Represent	
_____					
Your Permanent Street Address					
_____		_____		_____	
City		State		Zip Code	

## EMERGENCY CONTACT INFORMATION

_____		_____		_____	
(Last Name)		(First Name)		Relationship to Student /Participant	
_____		_____		_____	
(Area Code) Primary Telephone Number		(Area Code) Secondary Telephone Number			
_____		_____		_____	
Name of Family Physician		(Area Code) Physician Telephone Number			

## PERSONAL MEDICAL HISTORY

Please check the following diseases you have had:

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Bleeding Tendencies | <input type="checkbox"/> German Measles | <input type="checkbox"/> Polio           |
| <input type="checkbox"/> Chicken Pox         | <input type="checkbox"/> Heart Disease  | <input type="checkbox"/> Pneumonia       |
| <input type="checkbox"/> Diphtheria          | <input type="checkbox"/> Measles        | <input type="checkbox"/> Rheumatic Fever |
| <input type="checkbox"/> Diabetes            | <input type="checkbox"/> Mononucleosis  | <input type="checkbox"/> Tonsillitis     |
| <input type="checkbox"/> Epilepsy            | <input type="checkbox"/> Mumps          |  |

Check the following Conditions you have had or are subject to now:

- |  |  |                                       |
|--|--|---------------------------------------|
| Asthma <input type="checkbox"/>              | Asthma <input type="checkbox"/>              | Nose Bleed <input type="checkbox"/>   |
| Ear Infection <input type="checkbox"/>       | Ear Infection <input type="checkbox"/>       | Hearing Loss <input type="checkbox"/> |
| Hay Fever <input type="checkbox"/>           | Hay Fever <input type="checkbox"/>           |                                       |
| Headache <input type="checkbox"/>            | Headache <input type="checkbox"/>            |                                       |
| Difficulty Sleeping <input type="checkbox"/> | Difficulty Sleeping <input type="checkbox"/> |                                       |

What treatments or medications (if any) do you require for any of the above conditions?

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Are there any past hospitalizations or illnesses we should be aware of?

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Please list all allergies (insect stings, plants, foods, medicine, etc)

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### MEDICATION

Please list any medications you have allergic reactions to (penicillin, sulfa drugs, tetanus antioxin, etc):

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Please list the name of any medication you are taking, the dosage, and the condition that requires you to take the medication:

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Please list any dietary considerations you have:

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### IMMUNIZATIONS

Please list the type of illness you have received immunizations for:

Type of Illness:	Approximate Date of Immunization:
<input type="checkbox"/> Mumps	
<input type="checkbox"/> Regular Rubeola Measles	
<input type="checkbox"/> Whooping Cough	
<input type="checkbox"/> Influenza / Colds	
<input type="checkbox"/> Typhoid	
<input type="checkbox"/> Diphtheria	
<input type="checkbox"/> Smallpox	
<input type="checkbox"/> Tetanus	
<input type="checkbox"/> Polio Series	
<input type="checkbox"/> Pneumonia	

### GENERAL

If there are any limitations on the amount of physical exercise you can engage in, please describe and explain: (use additional sheet of paper if necessary)

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\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Signature of Parent or Legal Guardian

Date: \_\_\_\_\_